

# Relax & Wellness at Regitnig



## *Wellness*

A deep sense of well-being that brings body and mind into harmony, the path to a relaxed lifestyle & inner contentment.

We recommend that you arrive at the “Vitaloase” approx. 5 - 10 minutes before your appointment. This will give you enough time to enjoy a cup of fresh tea and get in the mood for your treatment.

We ask for your understanding that your late arrival will shorten your treatment time in consideration of other guests.

If you are unable to keep your appointment, please cancel at least 24 hours in advance - there is no charge for canceling or rescheduling. Treatment costs will be charged at 100% for appointments that are not canceled in time or not attended.

# Beauty

## **vegan beauty fresh up, 25 min.**

**€ 55,00**

cleaning, tonic, eye care, forming eye brows,  
lip care, day cream

## **vegan facial treatment, 55 min.**

**€ 89,00**

cleaning, tonic, peeling, forming eye brows, eye care,  
lips, décolleté & day cream

## **vegan facial treatment deluxe, 85 min.**

**€ 121,00**

cleaning, tonic, eyebrow plucking, peeling, eye care,  
lifting mask, eye compress, pampering ampoule, décolleté & lip care

## **gentleman like, 55 min.**

**€ 89,00**

cleaning, tonic, peeling, moisturizing mask,  
Eyes compress, lip care, 24-hour cream

## **for teens 12-19 years facial treatment**

**€ 68,00**

for girls & boys: cleaning, tonic, peeling,  
24-hour cream



# Eyebrows & lashes

dying eyebrows	€ 15,00
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forming eyebrows	€ 10,00
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dying eyelashes	€ 15,00
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dying eyebrows & eyelashes	€ 26,00
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# Manicure & Pedicure

**manicure deluxe, 55 min.** € 52,00

Incl. massage with Channoine-Creme

with nail polish € 56,00



**medical pedicure, 60 min.** € 58,00

Incl. footmassage with Channoine-Aloe Vera-Creme

with nail polish € 62,00

pedicure with gellack € 78,00

**„hand & foot dream“ combo ca. 85 min.**

without nail polish € 89,00

with nail polish € 97,00

# Massagen

**partial massage, 25 min.** € 48,00

**full body massage, 50min.** € 75,00

**regitnig special massage, 50 min.** € 76,00  
head, neck and shoulders

**aroma oil massage, 50 min.** € 75,00

**foot reflexology massage, 25 min.** € 51,00  
The self-healing powers of the body are activated and functional disorders of the organs can be improved.

**combination massage, 50 min.** € 85,00  
partial & foot reflexology massage

**teens-massage 12-19 years, 20 min.** € 42,00

**SHIATSU** € 85,00  
on request



# Massagen

**lymph drainage dr. Vodder, 25 min.**

**€ 51,00**

**50 min.**

**€ 80,00**

It is a particularly gentle massage technique that stimulates lymphatic circulation. It comes to purification, decongestion and drainage of the tissues.

**tuina Anmo, 50 min.**

**€ 80,00**

It is an independent form of massage and one of the five main pillars of traditional Chinese medicine. With teachings of the acupuncture points, attention to the energy flow & with various grip techniques, muscles, tendons, ligaments and fascia are extensively treated.

**tuina Face, 25 min.**

**€ 52,00**

Ideal for tension headaches, sinus discomfort, tension in the throat and neck.



**We ask you to take a seat in the waiting area of the  
VITAL OASE a few minutes before your treatment!**